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## **Grand Rounds Lecture Series**

## Department of Psychiatry & Behavioral Sciences

**Presents** 

"Evidence Based Approaches to Weight Management"

By

Genna Hymowitz, PhD
Renaissance School of Medicine at Stony Brook University

Jenna Palladino, PsyD Icahn School of Medicine at Mount Sinai

On

Wednesday, May 29<sup>th</sup>, 2024 1:00 p.m. – 2:30 p.m.

Zoom Link:

https://us02web.zoom.us/j/82703780923?pwd=T2p0dVdGaDFQamI2MWdSbDdwZkRQZz09

## Learning objectives:

- 1. Describe EOSS and factors contributory to Obesity.
- 2. Discuss basic principles of shared decision making.
- 3. Define evidence based treatments for weight management.

<u>Target audience</u>: Physicians, Fellows, Residents, PA's, NP's, Pharmacists, Medical Students and all other personnel involved in patient care.

<u>CME Accreditation</u>: NUMC is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.

<u>Credit Designation</u>: NUMC designates this *Live Activity* for a maximum of 1.5 AMA PRA Category 1 Credits <sup>TM</sup>. <u>Disclosure Policy</u>: NUMC relies upon planners and faculty participants to provide educational information that is objective and free of bias. In this spirit, and in accordance with MSSNY/ACCME guidelines, all speakers and planners must disclose relevant financial relationships with commercial interests whose products, devices or services may be discussed in the CME content or may be perceived as apparent conflict of interest. Any discussion of investigational or unlabeled use of a product will be identified.

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